



MOM'S COLORFUL CHICKEN SOUP

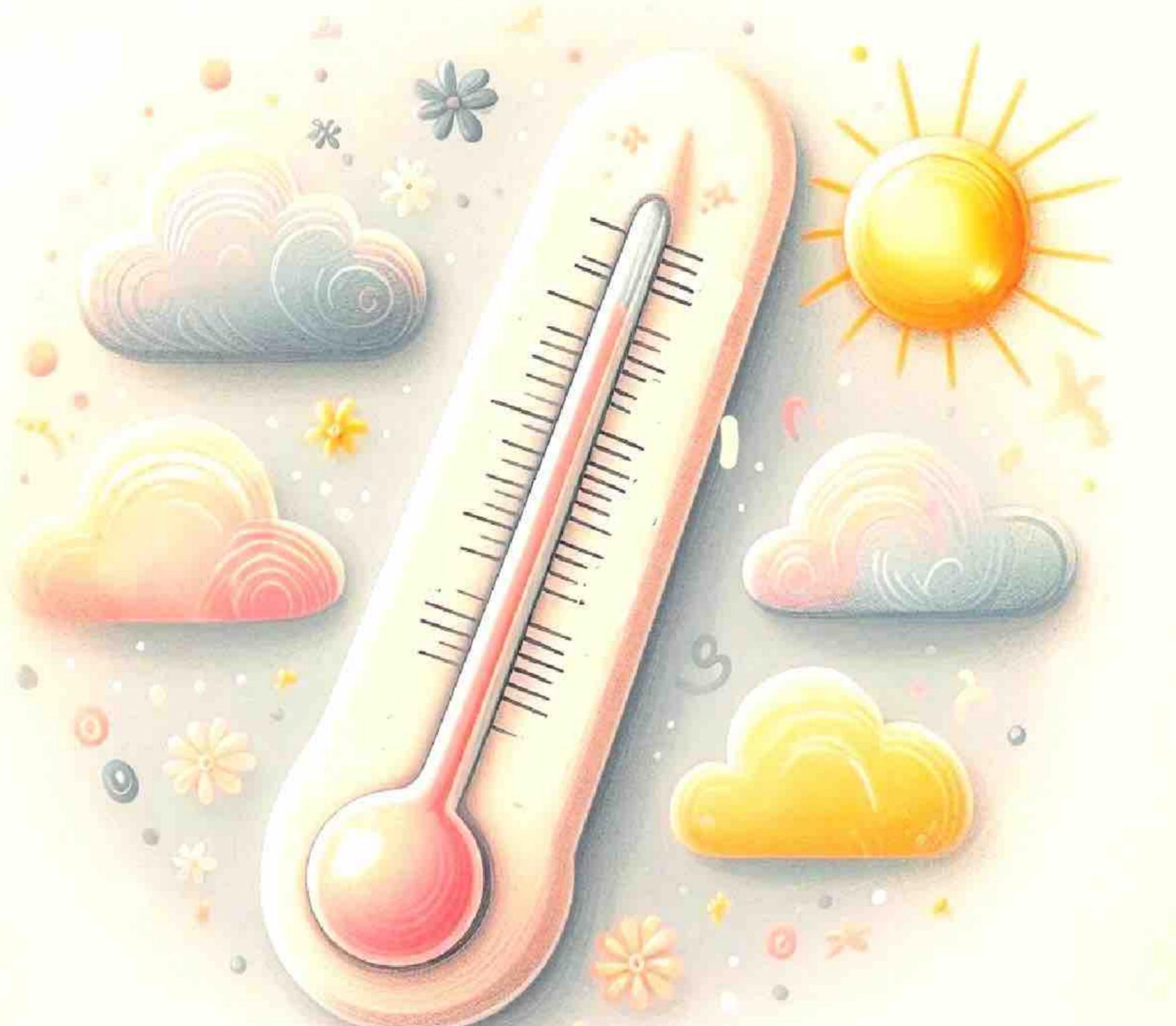
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(made with Dall E)

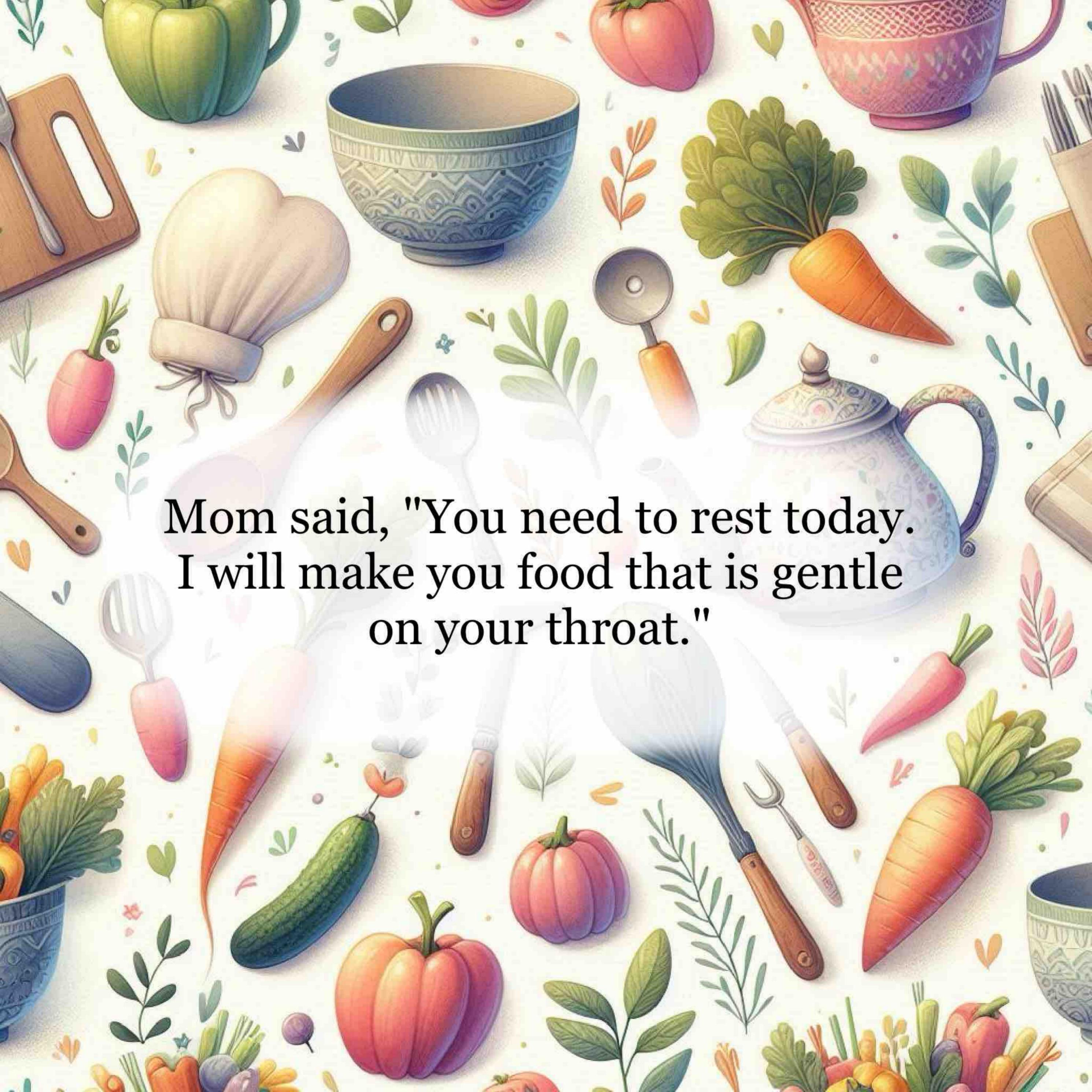


When I woke up, my throat
hurt a lot.





Mom came to check on me. Oh no!
I also had a fever.



Mom said, "You need to rest today.
I will make you food that is gentle
on your throat."

Mom wanted to
cook chicken soup
with colorful
vegetables and
warm broth.



First, Mom cleaned the chicken.
Then she added salt and a little
bit of gray pepper.



Next, Mom chopped some white garlic. It made the soup smell yummy and taste delicious.





Now, Mom got the vegetables ready. There were yellow potatoes, green beans, orange carrots, and red tomatoes.



Mom washed all the vegetables
under running water to make
them clean.

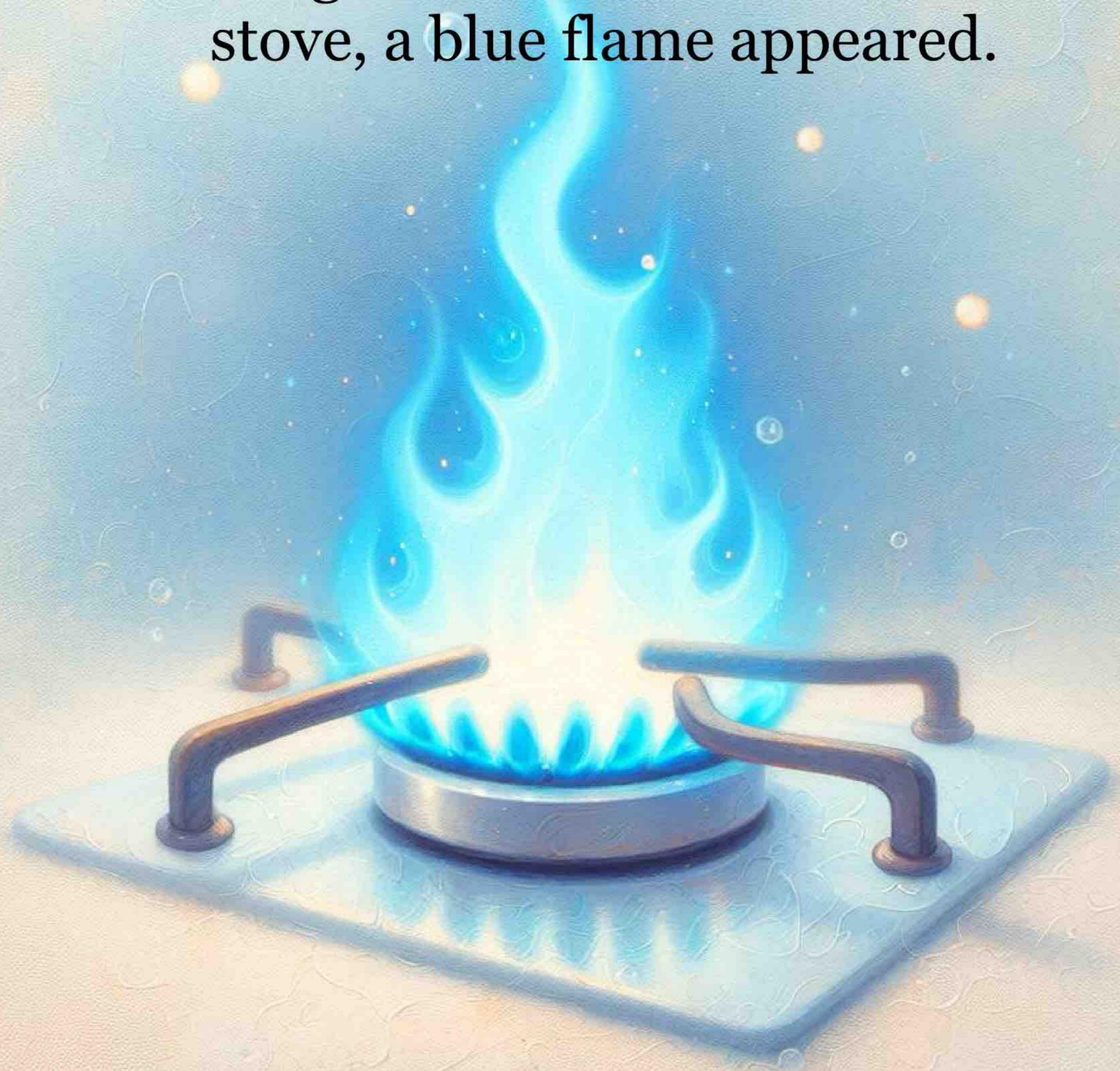
Swish, swish, swish!
Mom quickly peeled the carrots
and potatoes.





The next step was cutting the vegetables. Mom's knife with the black handle was very sharp. She was very careful.

"Bismillah," said Mom as she started cooking. When Mom turned on the stove, a blue flame appeared.



When the soup was ready, Mom served it with white rice. She sprinkled some brown fried onions on top. She put everything on my pink plate.



I thanked Allah and thanked Mom.
Mom's chicken soup warmed my throat,
filled my tummy, and made my body
feel stronger. Alhamdulillah!



Friends, if Allah tests us with sickness, don't be sad. We should still be thankful. We can still get rewards from God when we are sick. Here is a beautiful story about a friend of the Prophet Muhammad (peace be upon him) named Sa'ad bin Abi Waqqash.

When Sa'ad was old, he went to Mecca. By that time, he could not see anymore because he was blind. The Prophet (peace be upon him) once said that Sa'ad's prayers were special, so many people asked Sa'ad to pray for them.

A young man named Abdullah came to see him. Abdullah was confused. He asked Sa'ad, "Why don't you ask Allah to give your eyesight back?"

Sa'ad just smiled and said, "My child, accepting what Allah has planned for me is better than having my eyes back."

Sa'ad was not sad even though he was blind. He believed that Allah's plan is always better than what we want.

I hope we can also trust Allah and stay thankful, even when bad things happen, like being sick, facing hard times, or losing someone we love.

Reference - story about Sa'ad: <https://konsultasisyariah.com/15816-berbahagia-ketika-sakit.htm>