

A Day with Prophet Muhammad

(Peace Be Upon Him)

Nandyka Yogamaya

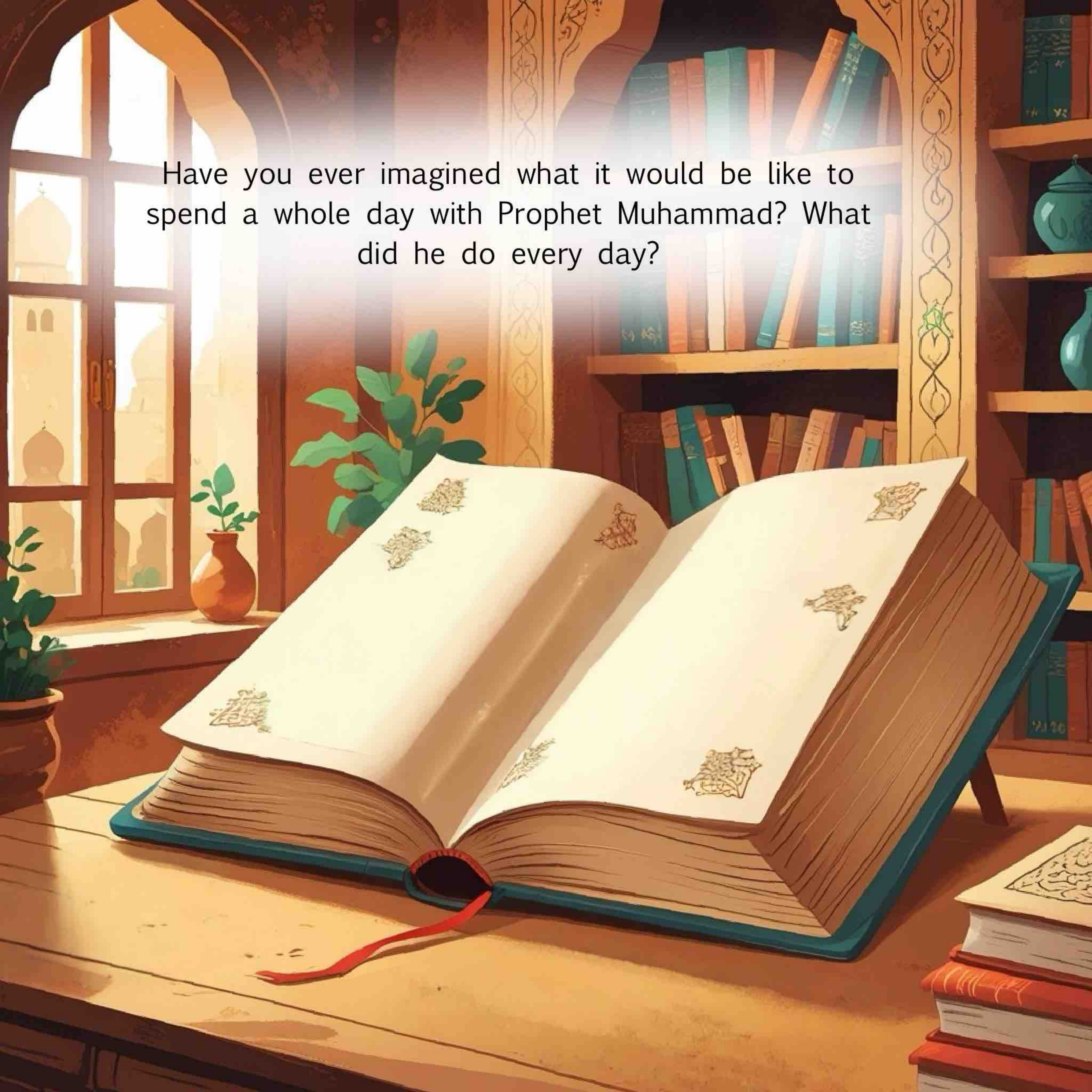


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Have you ever imagined what it would be like to spend a whole day with Prophet Muhammad? What did he do every day?



Prophet Muhammad was the best person who ever lived. Allah tells us in the Quran (in Chapter 33, verse 21:

"There has certainly been for you in the Messenger of Allāh an excellent example for whoever has hope in Allah and the Last Day, and [who] remembers Allāh often.")

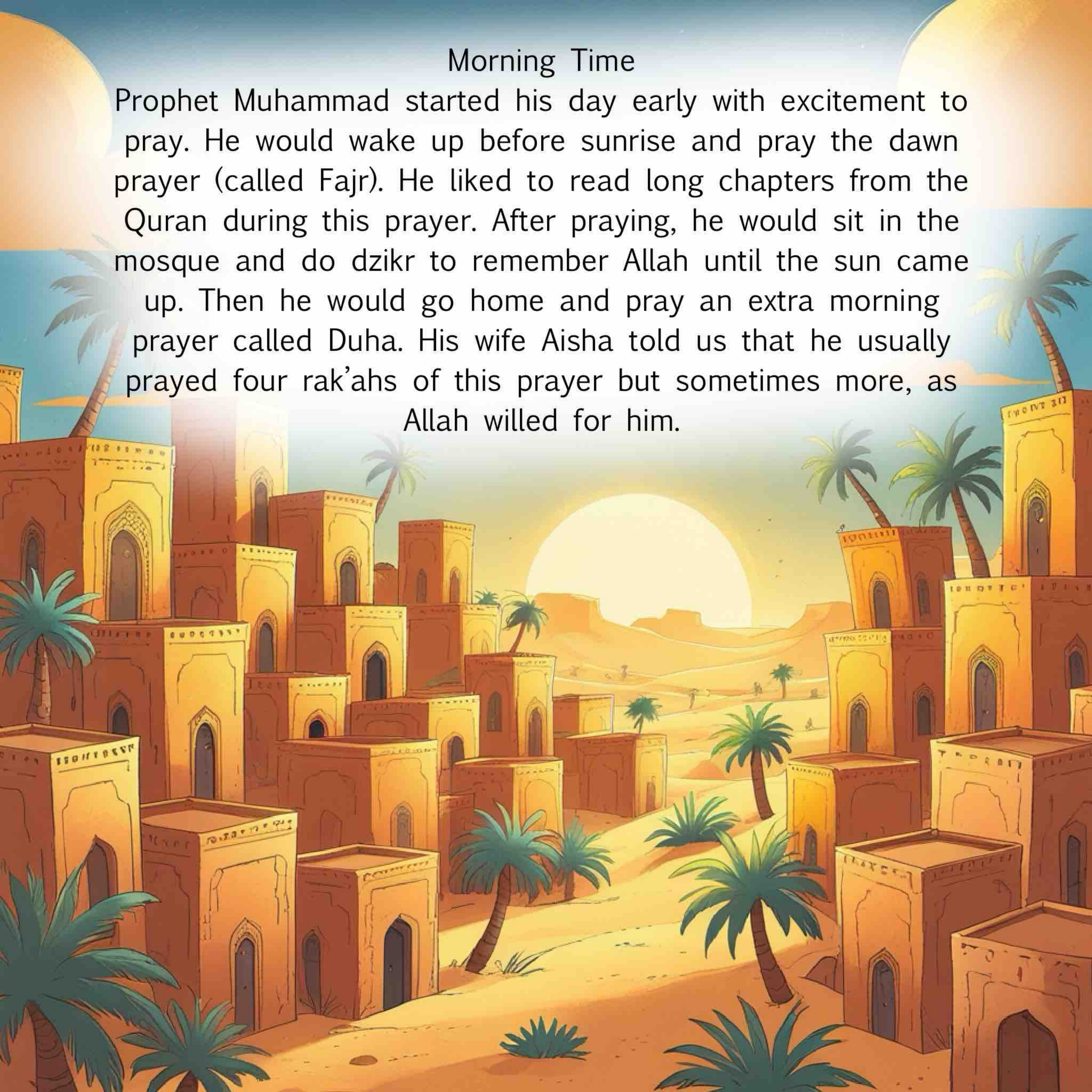


Prophet Muhammad is the perfect example for anyone who believes in Allah and wants to go to paradise. If we learn about how he lived, we can see how wonderful Islam is!



Morning Time

Prophet Muhammad started his day early with excitement to pray. He would wake up before sunrise and pray the dawn prayer (called Fajr). He liked to read long chapters from the Quran during this prayer. After praying, he would sit in the mosque and do dzikr to remember Allah until the sun came up. Then he would go home and pray an extra morning prayer called Duha. His wife Aisha told us that he usually prayed four rak'ahs of this prayer but sometimes more, as Allah willed for him.



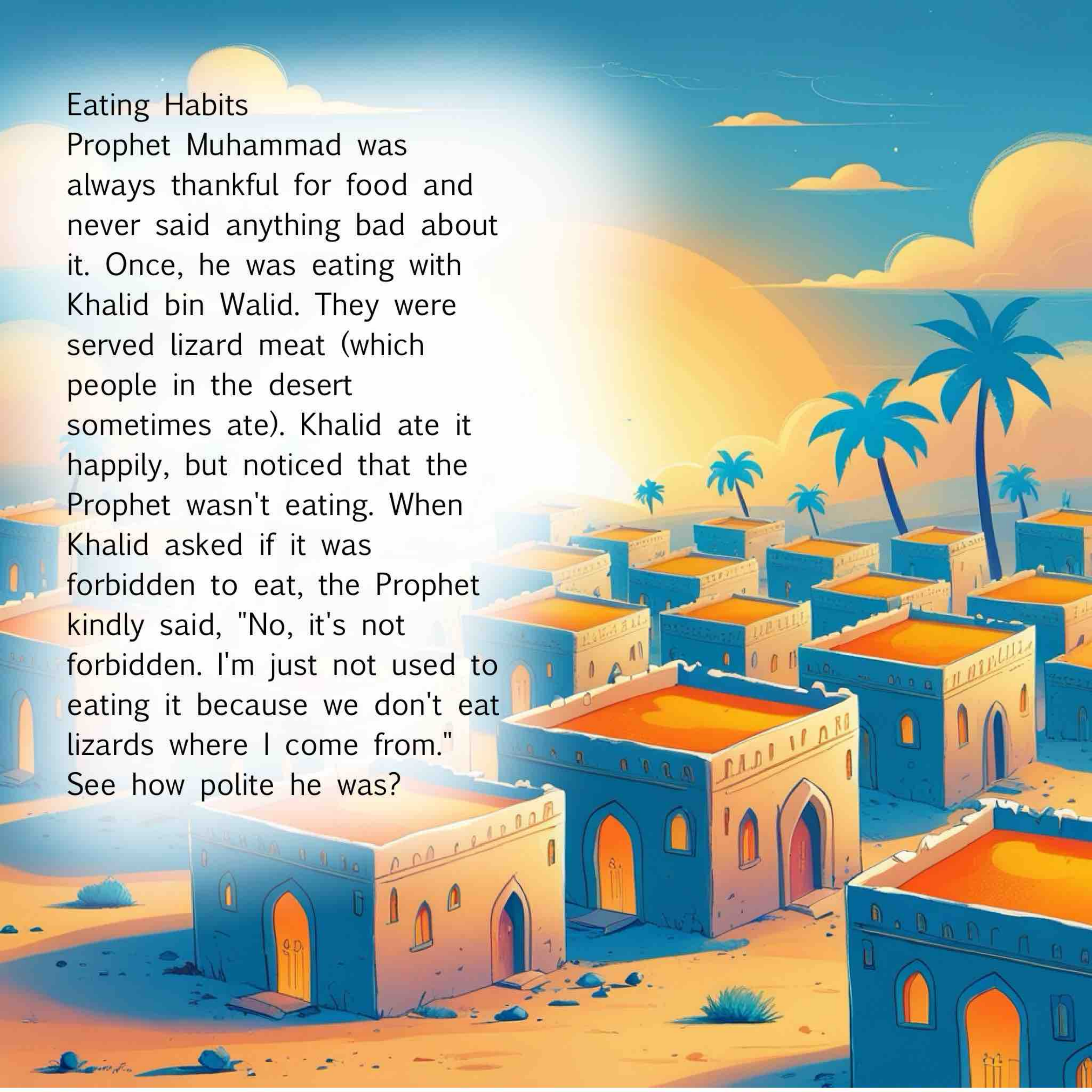


At Home

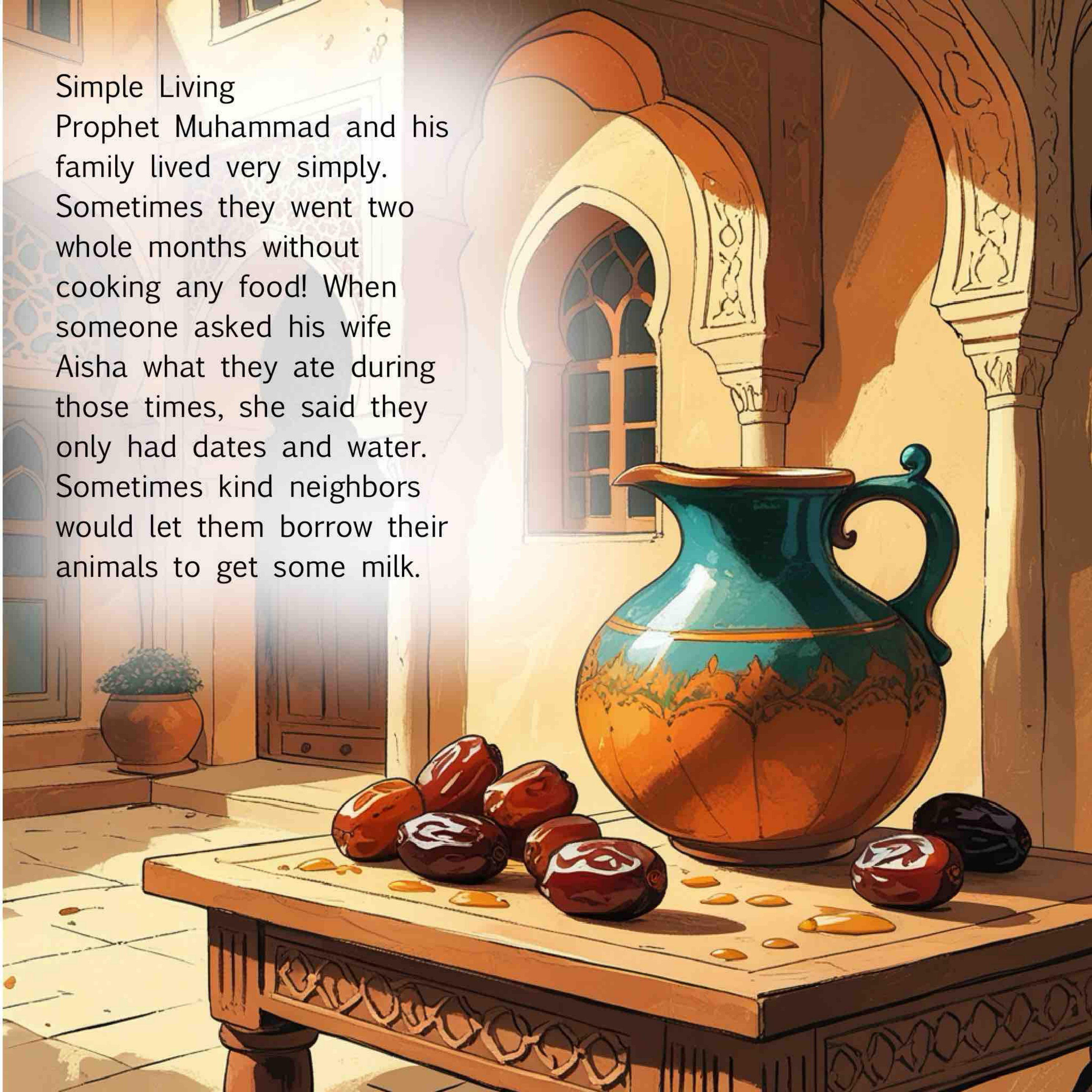
Prophet Muhammad did regular house chores just like any other person! His wives told us about what he did at home. He would milk the goats and fix his own clothes and sandals. Even though he was the leader of all Muslims and a prophet of Allah, he wasn't too proud to do housework and help his wives.

Eating Habits

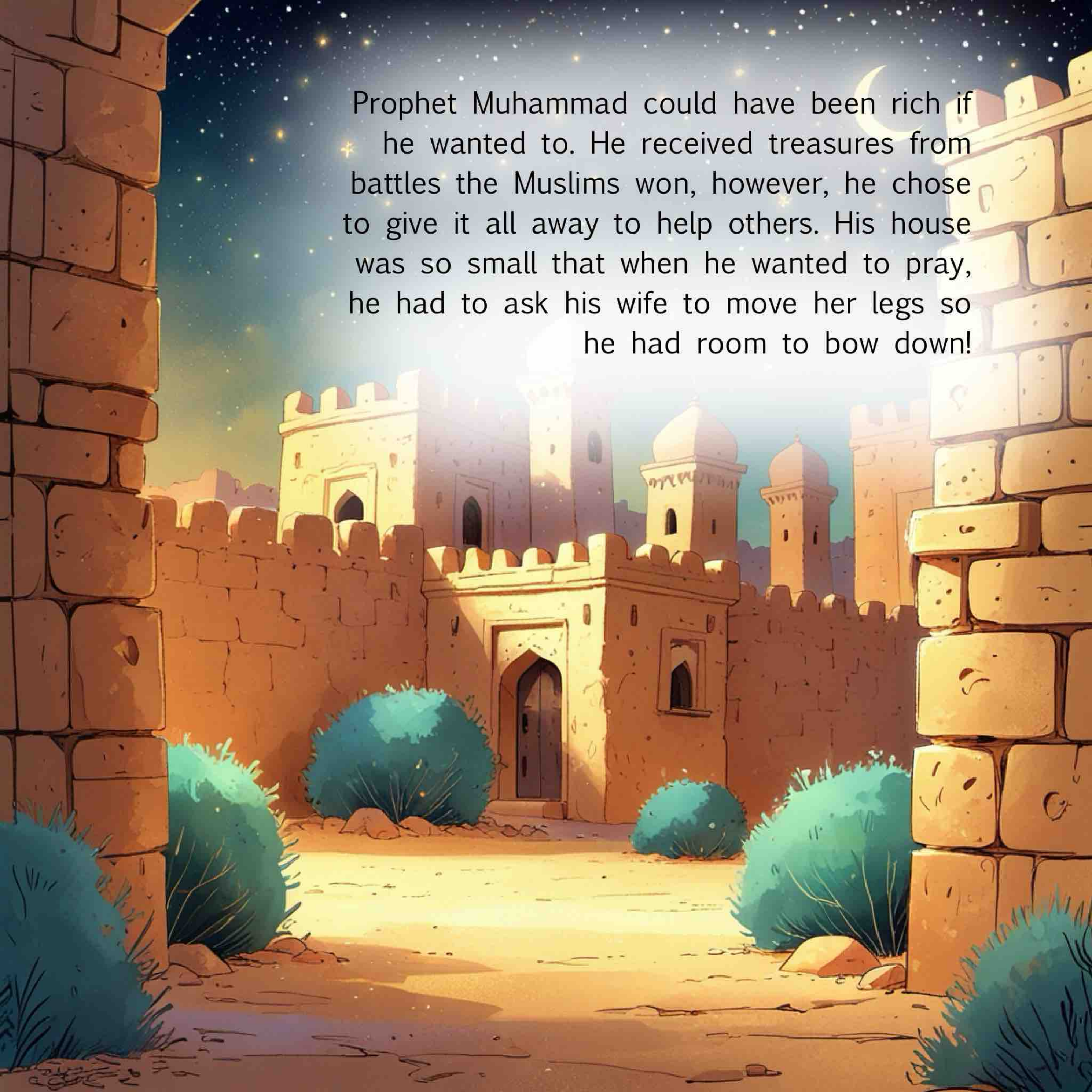
Prophet Muhammad was always thankful for food and never said anything bad about it. Once, he was eating with Khalid bin Walid. They were served lizard meat (which people in the desert sometimes ate). Khalid ate it happily, but noticed that the Prophet wasn't eating. When Khalid asked if it was forbidden to eat, the Prophet kindly said, "No, it's not forbidden. I'm just not used to eating it because we don't eat lizards where I come from." See how polite he was?



Simple Living
Prophet Muhammad and his family lived very simply. Sometimes they went two whole months without cooking any food! When someone asked his wife Aisha what they ate during those times, she said they only had dates and water. Sometimes kind neighbors would let them borrow their animals to get some milk.



Prophet Muhammad could have been rich if he wanted to. He received treasures from battles the Muslims won, however, he chose to give it all away to help others. His house was so small that when he wanted to pray, he had to ask his wife to move her legs so he had room to bow down!



He taught us that being rich doesn't mean Allah loves you more. Allah can give wealth to anyone He wants. Even though Prophet Muhammad and his family didn't have much, they were very happy. Their strong faith to Allah was the source of their happiness.

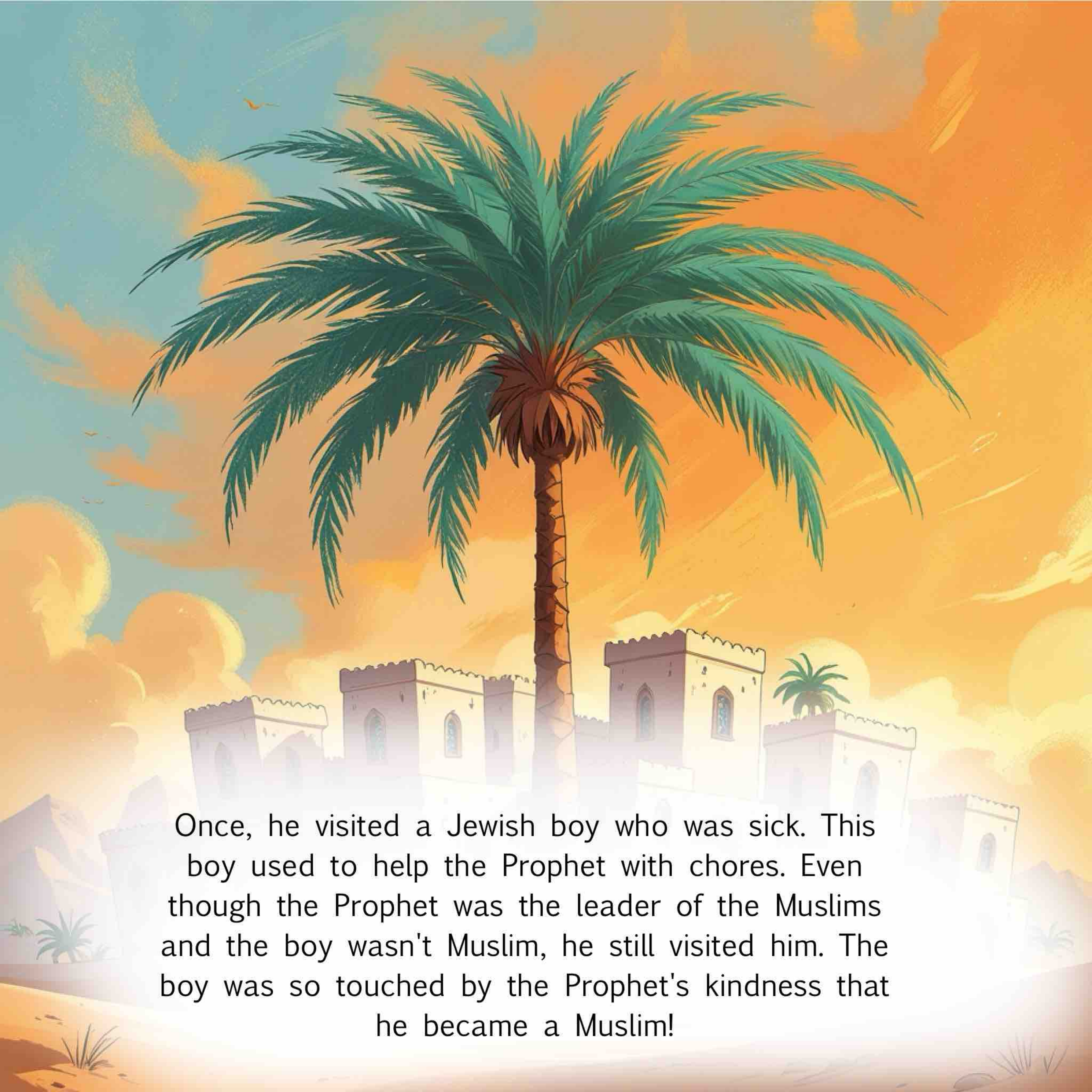


The background of the slide is a stylized illustration of a desert at sunset or sunrise. The sky is a warm, golden-yellow color. Several palm trees are silhouetted against the sky. In the foreground, a group of men are standing in a line, facing away from the viewer. They are wearing traditional Arab clothing, including long, dark robes with gold-colored belts and arm bands. The ground is sandy and dotted with small rocks and some low-lying desert plants.

Helping the Community

When Prophet Muhammad went outside, he always checked on his sahaba and neighbors. He would:

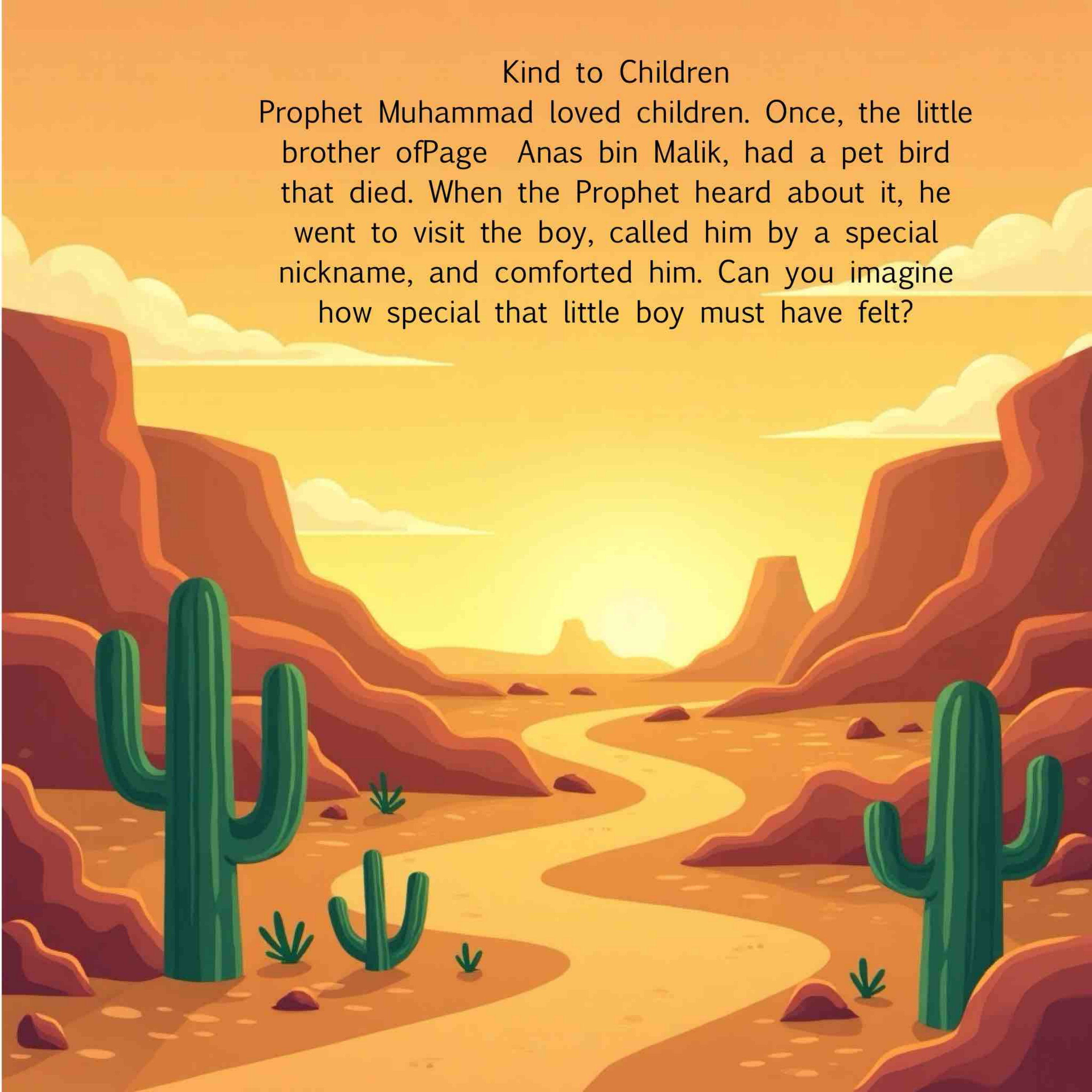
- Give advice to people
- Teach new rules from Allah
- Visit the sick (even people who weren't Muslim!)
- Check on people in nearby neighborhoods

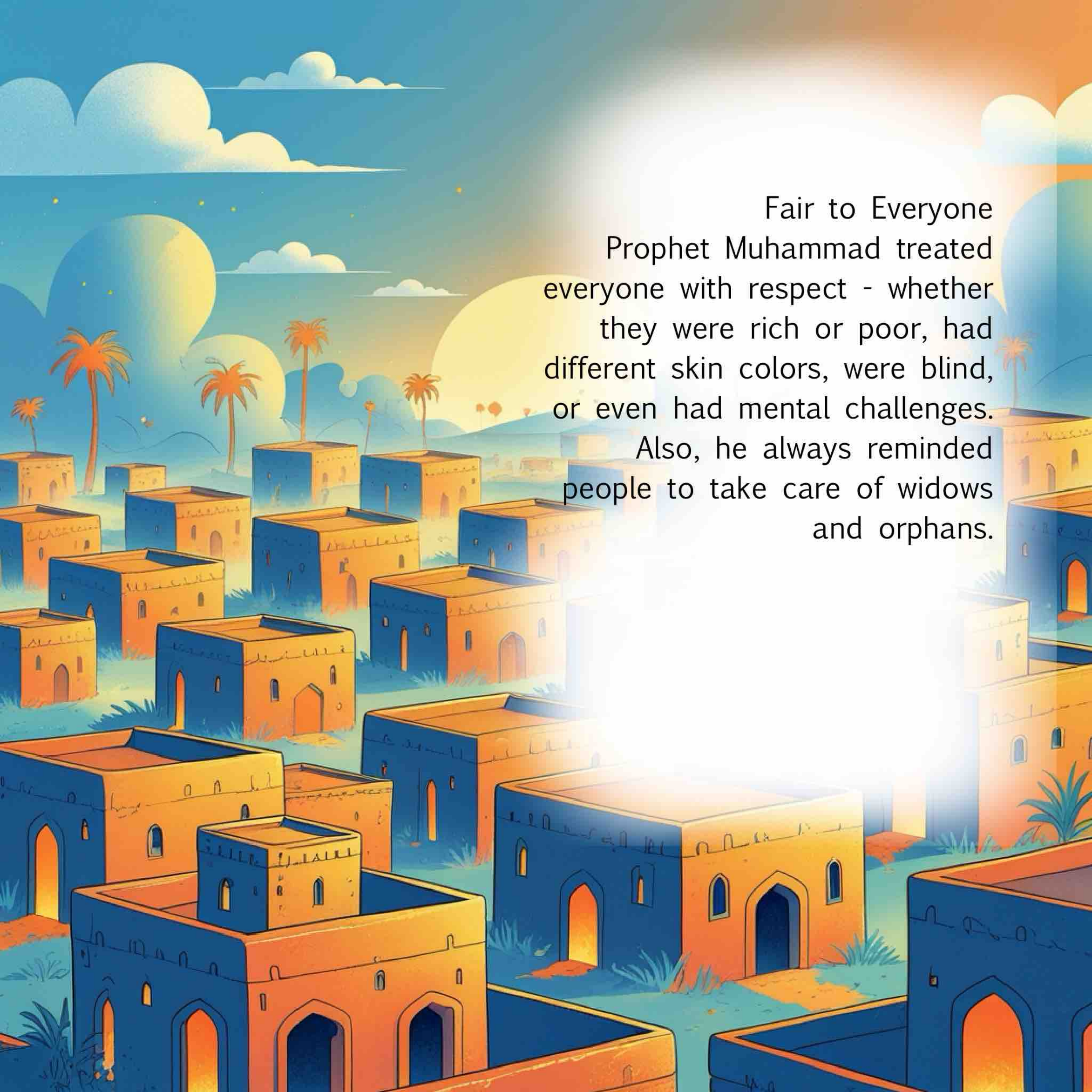


Once, he visited a Jewish boy who was sick. This boy used to help the Prophet with chores. Even though the Prophet was the leader of the Muslims and the boy wasn't Muslim, he still visited him. The boy was so touched by the Prophet's kindness that he became a Muslim!

Kind to Children

Prophet Muhammad loved children. Once, the little brother ofPage Anas bin Malik, had a pet bird that died. When the Prophet heard about it, he went to visit the boy, called him by a special nickname, and comforted him. Can you imagine how special that little boy must have felt?

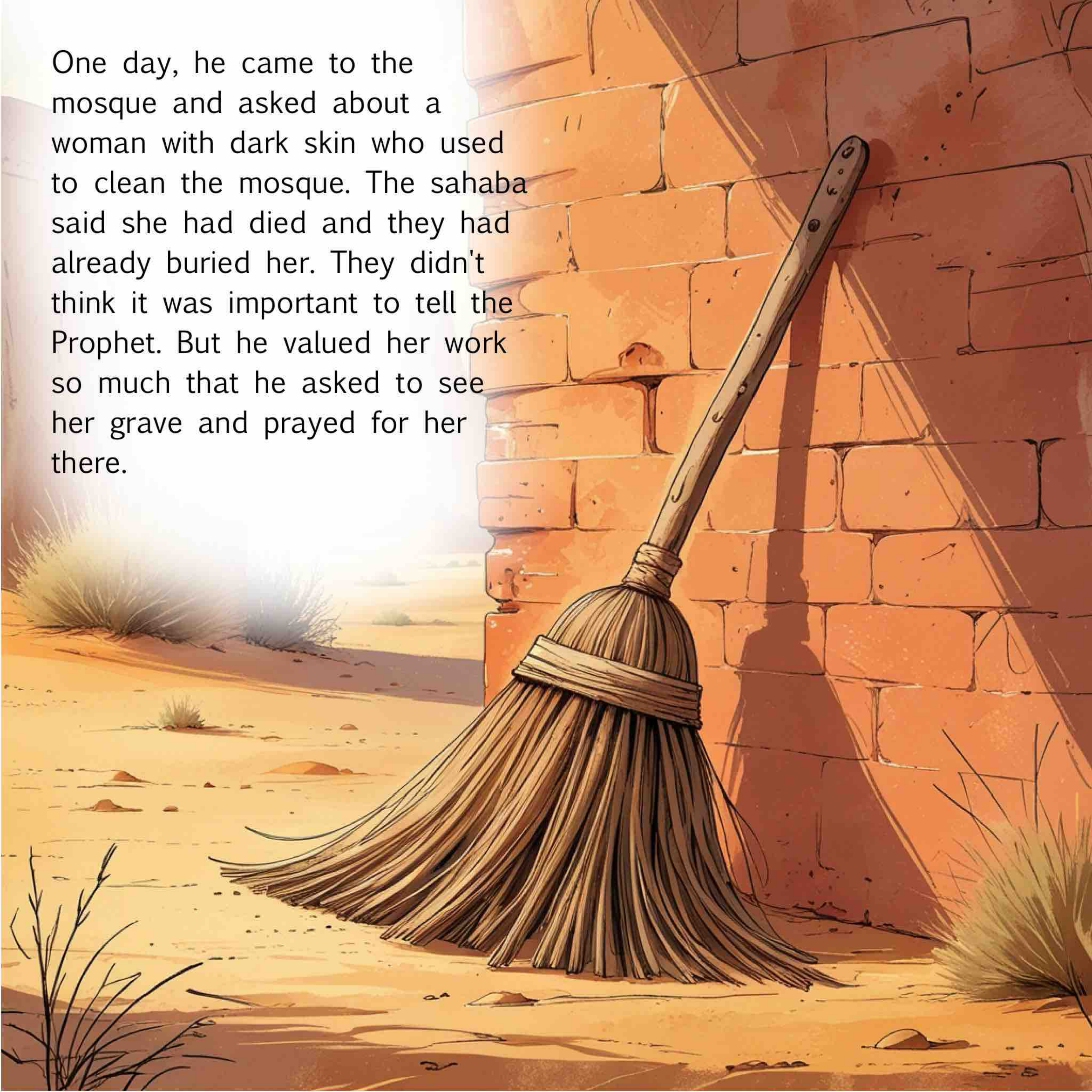


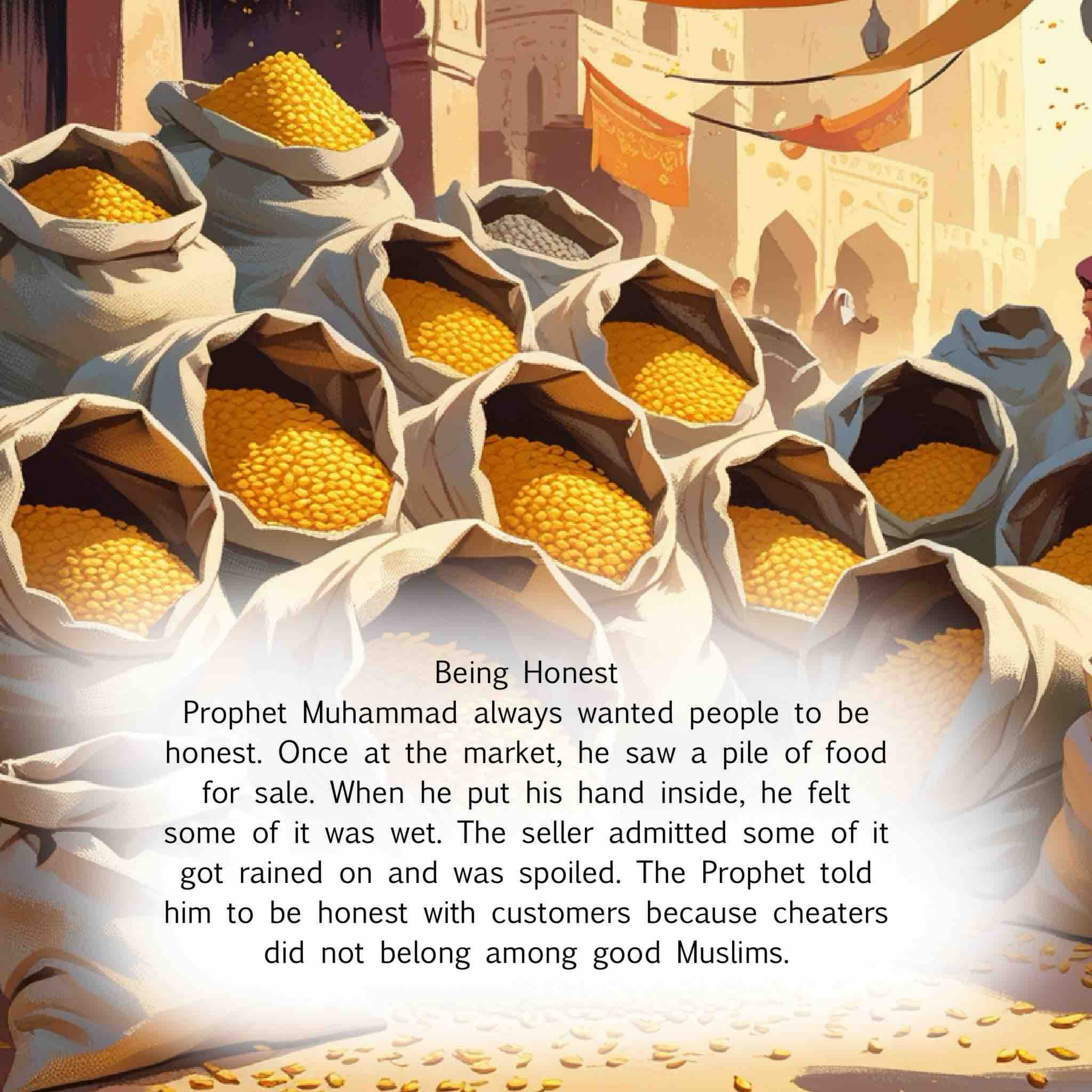


Fair to Everyone
Prophet Muhammad treated
everyone with respect - whether
they were rich or poor, had
different skin colors, were blind,
or even had mental challenges.

Also, he always reminded
people to take care of widows
and orphans.

One day, he came to the mosque and asked about a woman with dark skin who used to clean the mosque. The sahaba said she had died and they had already buried her. They didn't think it was important to tell the Prophet. But he valued her work so much that he asked to see her grave and prayed for her there.





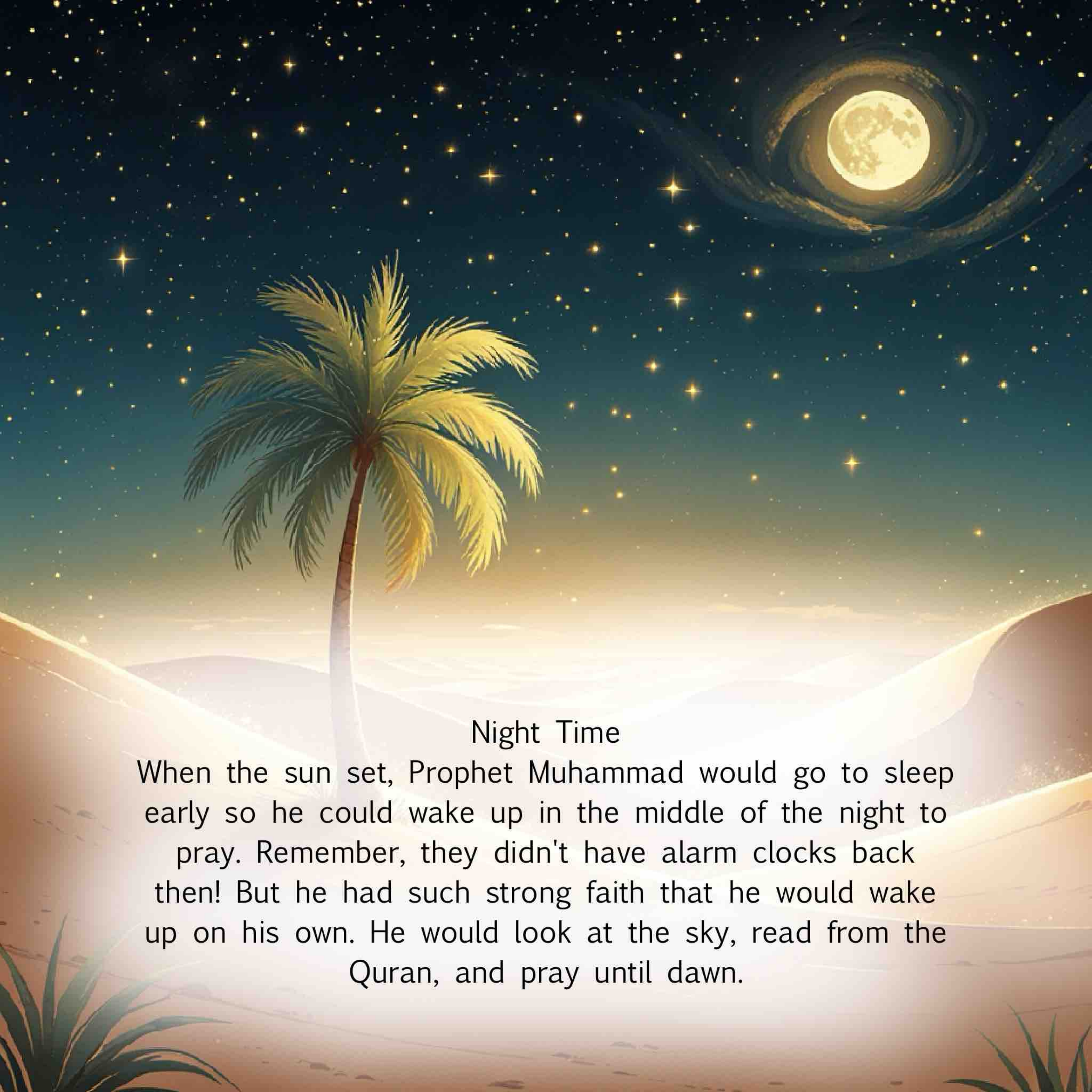
Being Honest

Prophet Muhammad always wanted people to be honest. Once at the market, he saw a pile of food for sale. When he put his hand inside, he felt some of it was wet. The seller admitted some of it got rained on and was spoiled. The Prophet told him to be honest with customers because cheaters did not belong among good Muslims.

Having Fun

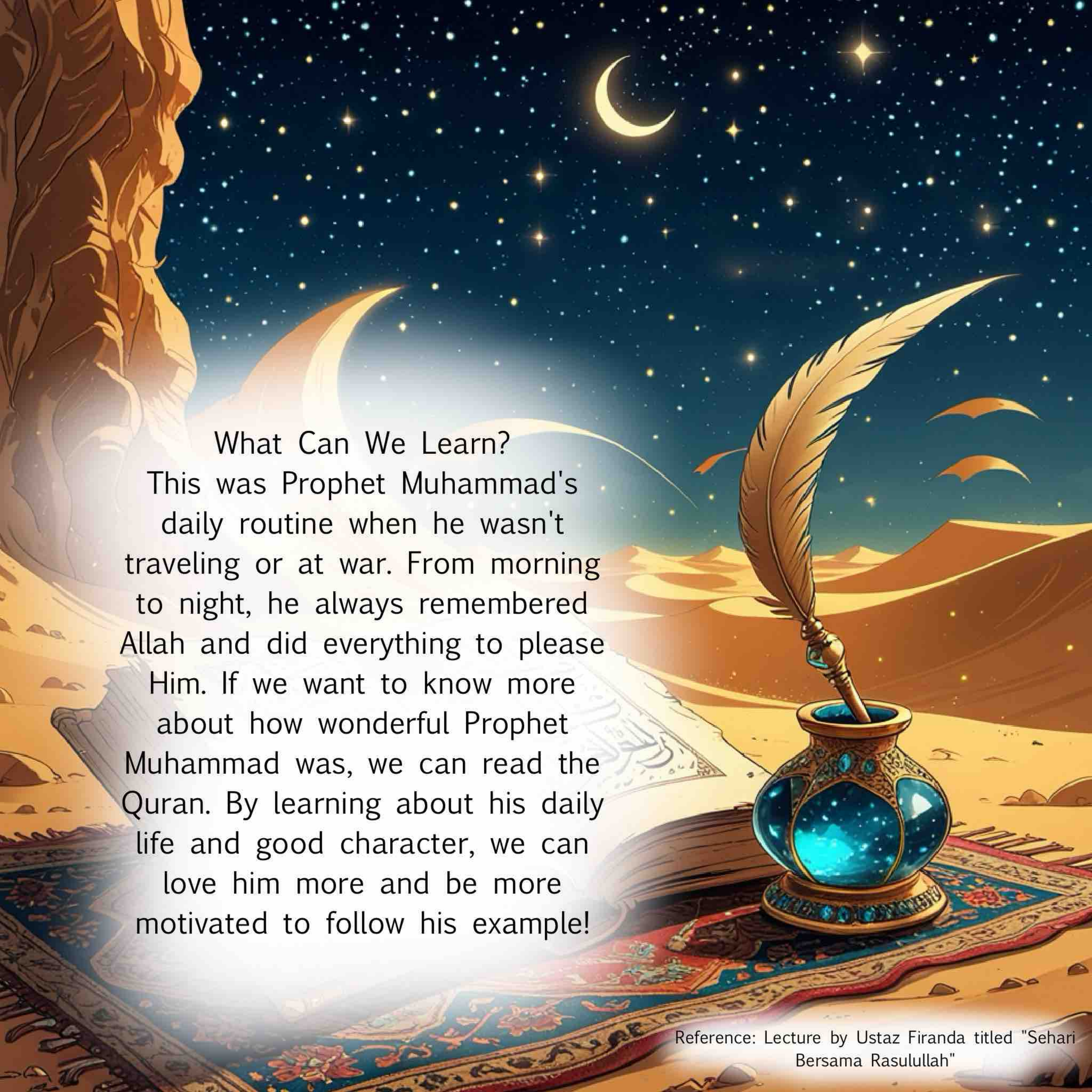
Prophet Muhammad joked around sometimes, but he always told the truth even when joking. Once, someone asked him for a camel to ride for a journey to jihad. The Prophet said, "I'll give you a baby camel!" The man looked confused. Then the Prophet smiled and explained, "Well, every big camel was once a baby camel!". This joke probably helped the man feel less nervous about his journey to jihad.





Night Time

When the sun set, Prophet Muhammad would go to sleep early so he could wake up in the middle of the night to pray. Remember, they didn't have alarm clocks back then! But he had such strong faith that he would wake up on his own. He would look at the sky, read from the Quran, and pray until dawn.

The background is a vibrant night scene in a desert. A large, bright crescent moon hangs in a dark blue sky filled with numerous stars. In the foreground, a quill pen with a large, light-colored feather is placed in a small, ornate, blue and gold inkwell. The inkwell sits on a colorful, patterned rug. The desert landscape is visible in the background, with rolling sand dunes and a few birds flying in the distance. The overall atmosphere is peaceful and contemplative.

What Can We Learn?
This was Prophet Muhammad's daily routine when he wasn't traveling or at war. From morning to night, he always remembered Allah and did everything to please Him. If we want to know more about how wonderful Prophet Muhammad was, we can read the Quran. By learning about his daily life and good character, we can love him more and be more motivated to follow his example!