





Why Must We Perform Salah?

安全 奉本中介 中

Triska Ummu Musa

Illustration by Nida (Was Created with the assistance of dall E) English translation by Nandyka Yogmaya Salah is a source of light. It is a command from Allah, the Almighty, and His commands are obligatory for us to obey. As stated in the hadith: "The salah is light." (Narrated by Muslim, no. 223)



Salah is the pillar of Islam. It can wipe away sins and is considered the best deed after the shahada (the two testimonies of faith). Moreover, salah can prevent us from comitting sins and bad behavior.



There are five prescribed times for salah: Fajr (dawn), Dhuhr (noon), Asr (afternoon), Maghrib (sunset), and Isha (night). Salah is an obligation for all Muslims. It serves as guidance and a source of tranquility for the hearts of the believers.

When the call to salah (the adhan) is heard, one should immediately perform ablution (wudhu) and do salah with calmness and focus. Prioritizing salah times is essential because salah will serve as a helper in the hereafter. When asked, "What is the best deed?" the Prophet Muhammad (peace be upon him) replied, "Performing salah early in its period." (Narrated by Abu Dawud, no. 426).



If you are playing and hear the adhan, stop playing and then quickly head to the mosque for salah if you are male. For women, it is preferable to pray in their private rooms.





Even if you are unwell, salah must still be prioritized. If necessary, it can be performed while sitting or lying down, depending on your physical condition. If you are deeply asleep and your mother wakes you up for salah, you should not respond with anger or laziness. Instead, get up and quickly prepare for the salah. Remember, those who wake you for salah do so out of love and care for you.



Those who encourage you to perform acts of goodness—such as salah, fasting, reciting the Qur'an, attending religious gatherings, speaking kindly, honoring parents, and obeying Allah—are the ones who wish to accompany you to paradise. Surely, you also want to be with your parents and loved ones in Allah's paradise, do you not?



From now on, let's begin prioritizing salah. By doing so, we can have a safe and peaceful life, find joy in both this world and the hereafter, and be reunited with our beloved families in Allah's beautiful paradise, filled with His mercy.



"Indeed, salah has been decreed upon the believers a decree of specified times." (An-Nisa, 4:103)

