




Let's

Pray Salah!

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**Are you able to perform salah already?
If not, let's learn how to do it together!
And If you already know how, let's
continue performing salah.**



An illustration of a woman wearing a blue hijab and a blue top, standing in a room. The room features a bed with a light blue blanket, a desk with a lamp, and a white toilet. The background is a warm orange color with framed pictures on the wall.

Salah is the pillar of our religion. If we neglect salah, we lose our identity as Muslims. Salah is the first thing that will be questioned on the Day of Judgment. We must not neglect salah for any reason. If we are unable to stand, we are allowed to pray sitting or lying down.

We must dress modestly during salah. For men, the area to cover is from the navel to the knees. Men should also cover their shoulders during salah. As for women, their entire body should be covered, except for the face and palms.



Our clothes and the place for salah should also be free from impurities. Impurities are considered unclean by Islamic law. What are some examples of impurities? Examples include human urine and feces, menstrual blood, dog saliva, and the carcasses of animals, except for fish and locusts.





In addition to being clean from impurities, we are also not allowed to perform salah while in a state of hadath. Hadath is divided into two types: minor hadath, such as passing gas, and major hadats, such as a woman experiencing menstruation or postnatal bleeding. Minor hadath is removed by performing ablution, while major hadath is removed by taking a bath. Ablution or bathing can be replaced by a tayammum when there is no water available or when one is unable to use water.

A stylized illustration of a woman in a light blue hijab and dress standing in a room. To her left is a blue nightstand with a lamp and a potted plant. In the background, there is a window with a view of a city and a large blue and white striped awning. The text is overlaid on the right side of the image.

During salah, we must be serious and focused. We are not allowed to joke around, talk, laugh, eat, or drink. We should also wear appropriate clothing. Our recitations and movements during salah should follow what was taught by the Prophet Muhammad (peace be upon him).

Let us salah correctly. Let us salah sincerely. May Allah admit us into His paradise. Ameen.

